

METABOLIC AND BARIATRIC SURGERY PROGRAM

GASTRIC BYPASS AND SLEEVE GASTRECTOMY LONG-TERM FOLLOW-UP SCHEDULE									
DATE AFTER SURGERY	1 Week	1 Month	3 Months	6 Months	9 Months	12 Months	18 Months	2 Years	3 YEARS AND EVERY YEAR AFTER
APPOINTMENT DATE									
BARIATRIC STAFF YOU WILL SEE DURING OFFICE VIST	Surgeon Dietitian	Surgeon Physician Assistant Dietitian	Physician Assistant Surgeon (if needed) Dietitian	Physician Assistant Surgeon (if needed) Dietitian Pscology (if needed)	Physician Assistant Surgeon (if needed) Dietitian	Physician Assistant Surgeon (if needed) Dietitian Pscology	Physician Assistant Surgeon (if needed) Dietitian	Physician Assistant Surgeon (if needed) Dietitian Pscology (if needed)	Physician Assistant Surgeon (if needed) Dietitian Pscology (if needed)
LABS WILL BE OBTAINED		YES	YES	YES	YES	YES	YES	YES	YES
SUPPORT GROUP	WE ENCOURAGE YOU TO ATTEND OUR SUPPORT GROUP EACH MONTH WHEN AND WHERE?					TEMPLE HOSPITAL: BARIATRIC CLINIC, 3RD WEDNESDAY EACH MONTH AT 5:30-7PM			
						JEANES HOSPITAL: MEETING HOUSE, 1ST TUESDAY EACH MONTH AT 5:30PM-7:00PM			
SPECIAL INSTRUCTIONS	1. WE RECOMMEND THAT YOU SHOULD AVOID PREGNANCY FOR AT LEAST 18 MONTHS AFTER BARIATRIC SURGERY 2. WE RECOMMEND THAT YOU SHOULD AVOID PLASTIC SURGERY FOR AT LEAST 2-YEARS AFTER BARIATRIC SURGERY								

Consider us your second family. We are always available to help

- Follow-up during the first postoperative year may be more frequent depending on your progress.
- **After the first 2-years**, you will **follow-up with us every year** to ensure your continued success
- You will also have regular follow-up with our Nutritionist and Psychologist
- You should also have regular follow-up with your Primary Care Doctor
- Follow-up attendance is a required part of our program to ensure that all of our patients have long-term success
- Regular follow-up is essential to ensure that you get the best results after bariatric surgery
- If you are unable to keep an appointment, please let us know so we can reschedule

Contact Information:

Temple Hospital: 215 707-3471, option #1

Jeanes Hospital: 215 722-3258



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