

Libros y Sitios Web sobre Péridad de Peso y Cirugía Bariátrica

Sitios Web

- www.bariatricfoodie.com
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- <http://theworldaccordingtoeggface.blogspot.com/>
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- <https://www.foodcoach.me/>
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- www.bariatriccookery.com
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- www.obesityaction.org
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- www.obesityhelp.com

Libros (en inglés)

- Weight Loss Surgery for Dummies: Marina S. Kurian MD
- Gastric Bypass Surgery: Everything You Need to Know to Make an Informed Decision: Mary McGowan
- Eating Well after weight loss surgery: Over 140 Delicious low fat, high protein recipes to enjoy in the weeks months and years after surgery: Pat Levine
- Life after Gastric Bypass: 6 Steps to Ensure Your Weight Loss Success: Katrina Segrave
- Recipes for Life after weight loss surgery: Delicious Dishes for Nourishing the New You: Margaret Furtado
- A Complete Guide to Obesity Surgery: Everything You need to know about Weight loss surgery: Bryan Woodward