

Ready-to-Drink Protein Beverages

Brand	Nutrition	Flavor
Fairlife Core Power 	- Sweetened with monk fruit, stevia, acesulfame K, and sucralose 130-170 calories 2-4.5 g fat 5-7 g carb 24-26 g protein	Banana, Chocolate, Strawberry Banana, Vanilla Available at: Target, Giant, Wawa, Walmart, ShopRite
Fairlife Nutrition Plan 	- Sweetened with monk fruit, sucralose and stevia 150 calories 2.5 g fat 3 g carb 30 g protein	Chocolate, Vanilla Available at: BJ, Sam's Club
Isopure Zero Carb (Clear) RTD 	- Whey protein isolate - Sweetened with sucralose 160 calories 0 g fat 0 g carb 40 g protein *recommend splitting into 2 servings to get 20 g protein each time*	Alpine Punch, Apple Melon, Blue Raspberry, Coconut, Grape Frost, Icy Orange, Lemonade, Mango Peach, Passion Fruit, Pineapple, Orange Banana Available at: Target, GNC, Vitamin Shoppe
Protein2O (Clear) 	- Whey protein isolate - Sweetened with erythritol and stevia 50-70 calories 0 g fat 5-7 g carb 10-15 g protein	Acai Blueberry Pomegranate, Classic Lemonade, Dragonfruit Blackberry, Harvest Grape, Kawaiola Coconut, Mixed Berry, Peach Mango, Tropical Coconut, Wild Cherry Available at: CVS, Rite Aid, Acme, Costco
Iconic Protein Shake 	- Milk protein isolate - Sweetened with monk fruit and stevia 140 calories 3 g fat 4 g carb 20g protein	Cacao+ green, chocolate, vanilla, café latte Available at: WholeFood, Acme, Amazon

Brand	Nutrition	Flavor & Where to Buy
Evolve For a limited time, formula may vary. 	• Protein from peas • Lightly sweetened with cane sugar and stevia • 150-160 calories • 2-2.5 g fat • 17-19 g carb • 20 g protein	Carrot Lemon Ginger, Chocolate, Mellow Mocha, Mixed Berry Beet, Vanilla Available at: 7-11, Acme, Giant, Rite Aid
Orgain – Plant-Based 	• Protein from peas • Sweetened with erythritol and stevia • 150 calories • 5 g fat • 15 g carb • 21 g protein	Chocolate, Vanilla Bean Available at: CVS, Rite Aid, Acme, Costco, WholeFood
Protein20 – Plant-Based Protein Water (Clear) 	• Pea protein isolate • Sweetened with erythritol and stevia • 70-80 calories • 0.5 g fat • 8-9 g carb • 15 g protein	Blackberry Basil, Key Lime Coconut, Lemongrass Chamomile Available at: CVS, Rite Aid
OWYN 	• Pea protein, Pumpkin Seed protein • Sweetened with monk fruit • 180 calories • 7g fat • 10g carb • 20g protein	Chocolate, vanilla, coffee, cookies and cream Available at: CVS, Rite Aid, Target, 7-11, Wawa, ShopRite, WholeFood
Ripple Pea Protein Shake 	• Pea protein, Pumpkin Seed protein • Sweetened with monk fruit, hint of cane sugar • 200 calories • 7g fat • 11g carb • 20g protein	Chocolate, vanilla, coffee Available at: Acme, Giant, WholeFood